

# Multigenerational Communication Styles: Understanding the Generations



Who makes up the generations?	What characteristics determine the way they communicate in the mediation process?
<b>Traditionalists</b> <ul style="list-style-type: none"> <li>• Born Before 1946</li> <li>• Marked by the Great Depression and World War II</li> </ul>	Very private and reluctant to talk about personal issues Don't believe in therapy Fiscally conservative Loyal and patriotic Concerned with their legacy Likely to hide illness
<b>Baby Boomers</b> <ul style="list-style-type: none"> <li>• Born between 1946 and 1964</li> <li>• Started hitting retirement age in 2011</li> </ul>	Competitive Idealistic Personal gratification Optimistic Open to therapy Strong work ethic Highly educated Expect to retire well
<b>Generation X</b> <ul style="list-style-type: none"> <li>• Born between 1965 and 1979</li> <li>• Marked by huge drop in birth rate from previous generation</li> </ul>	The first generation that will NOT do as well financially as their parents did. Less organized Independent Informal Think globally Seek life balance Skeptical
<b>Millennials</b> <ul style="list-style-type: none"> <li>• Born between 1980 and 2000</li> <li>• Becoming huge part of the work force</li> </ul>	Avid consumers In the now – not making plans or concerned about the future Value street smarts Self-centered Privacy not an issue – their whole life is on social media Cosmopolitan
<b>Generation Y or the iGeneration</b> <ul style="list-style-type: none"> <li>• Born after 2000</li> </ul>	<b>TECHNOLOGY, TECHNOLOGY, TECHNOLOGY</b> Can't write a complete sentence or spell More comfortable with texting than talking face to face

